



## Guest Speakers January 22, 2015

### **Brenda Wilson, MSW, LCSW, CEAP, GCM**

#### **Director and Eldercare Specialist**

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Master of Social Work, (1980), Virginia Commonwealth University, Post-Graduate Externship in Structural Family Therapy and Licensed Clinical Social Worker in Virginia since 1987. Ms. Wilson was a manager of Social Work at UVAHS for many years earning the Social Work Administrator in Health Care award from the Virginia Society of Social Work Administrators in Health Care in 1995. Ms. Wilson has been with FEAP since 1998, is a Certified Employee Assistance Professional and a Geriatric Care Manager. Ms. Wilson has extensive clinical experience in bio/psycho/social assessment, health and disability issues, eldercare and long term care planning, stress management, parenting, substance abuse, midlife transitions, retirement planning, and with worksite and manager consultations. Member National Association of Social Workers, National Association of Professional Geriatric Care Managers, International Association of Employee Assistance Professionals in Education, and the Employee Assistance Professionals Association.

### **Rachel A. Spraker, Affirmative Action Specialist**

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The Affirmative Action Specialist is responsible for the development and implementation of the University's Affirmative Action Plans. The Affirmative Action Specialist is also responsible for the development and implementation of affirmative action initiatives, projects and training.

**Tim Davis, Ph.D.**, Tim Davis became the Director at the University of Virginia Counseling & Psychological Services department in August, 2013. He was previously Associate Director at the University of Michigan Counseling & Psychological Services department since 2009, and also served as the Clinical Director at UM. Prior to 2009, he was at the Indiana University Counseling & Psychological Services office and the University of Dayton Counseling Center. Tim has taught courses at the graduate and undergraduate levels on a variety of topics, including group counseling, assessment, psychopathology, sex therapy, counseling techniques, and advanced seminars on the use of dreams in therapy. He received the Outstanding Adjunct Faculty Award from the College of Education at Indiana University. He has authored and co-authored book chapters and articles on spirituality in counseling, dream work, group counseling, and career choice in young adulthood. Tim earned his Ph.D. in Counseling Psychology from the University of Maryland, College Park and his master's in Counseling from Arizona State University. Tim completed a postgraduate program in Organizational Development at the Gestalt Institute (Columbus, OH) and was on staff as an organizational consultant and business team facilitator with Business of People, an independent consulting firm. Before moving to Charlottesville, he maintained an executive leadership coaching practice in Ann Arbor. Prior to his career as a psychologist, Tim held a variety of marketing and research positions with The Procter & Gamble Company.