

FACULTY & EMPLOYEE ASSISTANCE PROGRAM

FEAP offers a diverse team of professional mental health consultants. In FY '22, we served over **8,000 participants**, who experienced:

50% increase in life satisfaction

28% decrease in work stress

OVERVIEW

CLIENTS HAVE SAID:

“FEAP gave me the chance to come to learn about myself, to realize that support is a healing experience and that I can feel better.”

“FEAP is a great program. I’m happy that UVA has FEAP to help everyone at UVA who needs it...It was such a benefit.”

With over

28 YEARS

of service, we offer:



ORGANIZATIONAL SERVICES

Consultation
Training
Critical incident response
Workplace interventions



PREVENTION SERVICES

Team education
Individual education
Increase awareness
Decrease stigma

PERSONAL SERVICES

Assessment
Counseling & Crisis care
Referral
Follow-up



In 2022, FEAP added 3.5 FTE enabling FEAP to:

- **Extend model of care** and shorten wait time
- **Create specialized roles for prevention and crisis**
- **Provide additional trauma informed care**
- **Provide 24/7 on demand, virtual self guided supports in FEAP for You**



LEARN MORE ABOUT FEAP

